

Sunny View Expo Center

The Largest Health, Fitness, Nutrition, and Green Living Expo in Wisconsin



Living Green & Natural Health Expo

Our mission is to encourage individuals to embrace a life of health, wellness, fitness, environmental, and green living through awareness of natural, organic, and alternative products, education, nutrition, exercise and the benefits of living a clean, green, and healthy lifestyle.

Saturday, January 28th, 2012

10:00am—5:00pm

Admission: \$3.00 per person; Kids 5 and under are free.

Collection Day: A green world begins at home!
Bring in your old computers, batteries, tennis shoes, eye glasses, prescriptions, shredding, printer cartridges, and electronics.

- ◆ Free Eco-Friendly Workshops
- ◆ Over 200 exhibits/Organic Food Court
- ◆ James Arden the Illusionist
- ◆ Grass-fed Meat Market/Local Food Co-op
- ◆ Overseas Fair Trade Shopping
- ◆ Indoor Inflatable fun in Children's Wing
- ◆ Former Grand Ole Opry Singer
- ◆ Gladiator Jousting Competition
- ◆ Live Music/Recycled Art Exhibit
- ◆ Former Green Bay Packer Harry Sydney
- ◆ Film Festival/Face Painting
- ◆ Animal Rescue Adoptions
- ◆ Organic Beer & Wine Marketplace
- ◆ Martial Arts Demo/Balloon Animals
- ◆ Recycled Art Contest/Exhibit
- ◆ Recycled Fashion Show

Sponsored by:

Mind, Body and Spirit—Embrace the mystery of self-awareness and learn specific techniques for success in your unique journey through life.

Check your Health— Because monitoring your health is an important part of a healthy lifestyle, the Expo includes dozens of FREE health checks.

Eat Right— Local chefs, dieticians and nutritionists demonstrate how to prepare healthy meals and offer samples of featured dishes.

Get Active— The Get Active Stage showcases fitness through movement.

Natural Products — Health and beauty, natural living, pet and supplement products are featured here. Lots of free samples.

Green & Sustainable Living—Think of this part of the event as a walk through a green, eco-friendly, sustainable community.

BECKET'S



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